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Family Dentistry

GUM RECESSSION TREATMENT



Example of Significant Gum Recession

What Is Gum Recession and What Causes It?

Gum recession occurs when the gum tissue surrounding the teeth retracts and exposes the roots. This can make teeth look abnormally long and cause you to look older. Receded gums also make your teeth more sensitive and prone to damage or tooth loss. This risk comes about because the roots have less protection and are softer than tooth enamel.

There are several potential causes of gum recession. Among the most common are:

- Genetics
- Teeth Grinding
- Severe Gum Disease
- Misaligned Teeth
- Trauma to Teeth
- Aggressive Dental Hygiene

How Does Gum Recession Treatment Work?

There are three techniques typically used to treat gum recession: the Pinhole Surgical Technique, micro-surgical gum grafts, and traditional gum grafting. For patients that are anxious of grafting, multiple sedation options are also available so we can keep you entirely comfortable.

OUR GUM GRAFT SOLUTIONS



Before and After Pinhole Correction of Gum Recession

Pinhole Surgical Technique

The Pinhole Surgical Technique may be a treatment option for those with gingival recession, offering a minimally invasive alternative to more traditional gum recession procedures that feature grafting or sutures. The use of synthetic graft materials also means faster healing. The primary advantage of the Pinhole Surgical Technique is that multiple teeth can be treated in one sitting, without incisions, sutures, or multiple surgeries! Fees generally range from \$2,500 to \$6,500 depending on whether treating a section of teeth or the entire jaw.



Before and After Micro Surgical Correction of Gum Recession

Micro Surgical Technique

This method of gum recession treatment allows for correction of recession with minimal incisions and sutures by using connective tissue from the mouth. In addition, newer synthetic collagen materials may also be used. The benefit of this technique is the wound heals very quickly, and even extensively recessed areas can see a tremendous improvement. If treated early, micro-surgical techniques allow for near complete correction. Fees generally range from \$1,100 to \$1,800 and focus on treating 1-3 problem teeth.

Traditional Gum Grafting

With this traditional method, a wedge of gum tissue is removed from the roof of the mouth and sutured to the recessed area. Traditional gum grafts are extremely predictable, however the tissue color and shape is often different and healing can be uncomfortable. Due to advancements in grafting options, we typically do not use these grafts except in very rare cases.